

Thalassemia Pregnancy Management Intrapartum and Postpartum Guidelines

- Patients must be followed very carefully, as they may decompensate. Obstetrics and Cardiology input is critical.
- Chelation is withheld as long as a mother is breastfeeding. Once breastfeeding has been completed, chelation may be restarted. An MRI should be performed to measure LIC. Often, chelation is intensified from the pre-pregnancy regimen, because LIC will have risen substantially after nine months or more of transfusion without chelation.