

## **Non-Transfusion-Dependent Thalassemia (NTDT) Comprehensive Monitoring Guidelines**

Patients who are not on a regular transfusion regimen may also develop bone issues and complications including iron overload.

Based on the clinical picture, the degree of anemia, and, therefore, the degree of ineffective erythropoiesis, monitoring is strongly recommended for:

- iron burden
- development of osteopenia
- extramedullary hematopoiesis and its complications

The frequency of such testing may depend on the clinical picture over time. Patients who have milder anemia are generally less likely to have complications compared with those who have a more moderate anemia.